

## **Health Requirements For Children Entering School**

### **Mandatory Immunizations:** *\*Preschool and Kindergarten\**

Preschool and Kindergarten students are required by Iowa law to submit an *Iowa Department of Public Health Certificate of Immunization* to the school ***prior to the first day of class***. School Officials cannot allow your child to attend school unless they have an Immunization Certificate completed or a Certificate of Immunization Exemption on file.

### **Mandatory Physical Exam and Lead Testing:** *\*Preschool and Kindergarten\**

Students enrolling in Preschool and Kindergarten are required by Iowa law to have a physical examination by a licensed physician and provide proof of such exam to the school district. It is also mandatory that children must provide proof of a blood lead test prior to starting kindergarten. A physical form is attached for your child's physician to use to document the physical exam and lead test results. **If your child has had a physical in the last 12 months, it is acceptable to have their primary healthcare provider complete the physical form reflecting that visit and submit it for this requirement.**

### **Mandatory Dental Screening:** *\*Kindergarten\**

It is mandatory for children enrolling in Kindergarten to present documentation of a dental screening to their school. **The attached form is required to be completed by a Physician or Dentist and returned to the school.** For elementary students, a screening that is done between the ages of 3-6 years old is acceptable. Local Dentists include Dr Klein, Dr Hanneman and Dr Stuefen. If your child does not have dental insurance, our community resources include Benton County I-Smile, St. Luke's Dental Health Center, or the University of Iowa Dental Clinic.

### **Mandatory Vision Screening:** *\*Kindergarten\**

It is now required that all children entering Kindergarten receive a complete eye health exam prior to starting school. This is an important step to assessing a child's vision health, and how good vision relates to a child's ability to learn. A student vision form is included for your health care provider or eye doctor to complete upon examination. **Please return completed form to school.**

# Vinton-Shellsburg Community School District Elementary School Physical

Child's Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Allergies: \_\_\_\_\_ Medications: \_\_\_\_\_

Past Medical History/Health Concerns: \_\_\_\_\_  
\_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ BMI: \_\_\_\_\_ BP: \_\_\_\_\_ Pulse: \_\_\_\_\_

Vision Screening Results: Right: \_\_\_\_\_ Left: \_\_\_\_\_ Both: \_\_\_\_\_

Blood Lead Screening Results: \_\_\_\_\_

Immunizations Current: \_\_\_\_\_ Referrals: \_\_\_\_\_

Head/Scalp: \_\_\_\_\_

Chest: \_\_\_\_\_

Eyes: \_\_\_\_\_

Heart: \_\_\_\_\_

Ears: \_\_\_\_\_

Lungs: \_\_\_\_\_

Mouth: \_\_\_\_\_

Abdomen: \_\_\_\_\_

Nose/Sinus: \_\_\_\_\_

Extremities: \_\_\_\_\_

Neck: \_\_\_\_\_

Spine/Back: \_\_\_\_\_

Neuromuscular/Developmental: \_\_\_\_\_

Does this child require any special accommodations? \_\_\_\_\_

If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_

**I have examined \_\_\_\_\_ and have found that he/she is physically and emotionally able to participate in Vinton-Shellsburg CSD Elementary School Program.**

**Physician Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Physician's Printed Name: \_\_\_\_\_



## Iowa Department of Public Health CERTIFICATE OF DENTAL SCREENING

This certificate is not valid unless all fields are complete.  
RETURN COMPLETED FORM TO CHILD'S SCHOOL.

### Student Information (please print)

Student Last Name:	Student First Name:	Birth Date (M/D/YYYY):
Parent or Guardian Name:		Telephone (home or mobile):
Street Address:	City:	County:
Name of Elementary or High School:	Grade Level:	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female

### Screening Information (health care provider must complete this section)

Date of Dental Screening: \_\_\_\_\_

**Treatment Needs (check ONE only based on screening results, prior to treatment services provided):**

- No Obvious Problems** – the child's hard and soft tissues appear to be visually healthy and there is no apparent reason for the child to be seen before the next routine dental checkup.
- Requires Dental Care** – tooth decay<sup>1</sup> or a white spot lesion<sup>2</sup> is suspected in one or more teeth, or gum infection<sup>3</sup> is suspected.
- Requires Urgent Dental Care** – obvious tooth decay<sup>1</sup> is present in one or more teeth, there is evidence of injury or severe infection, or the child is experiencing pain.

<sup>1</sup> Tooth decay: A visible cavity or hole in a tooth with brown or black coloration, or a retained root.  
<sup>2</sup> White spot lesion: A demineralized area of a tooth, usually appearing as a chalky, white spot or white line near the gumline. A white spot lesion is considered an early indicator of tooth decay, especially in primary (baby) teeth.  
<sup>3</sup> Gum infection: Gum (gingival) tissue is red, bleeding, or swollen.

**Screening Provider (check ONE only):**

- DDS/DMD    RDH    MD/DO    PA    RN/ARNP (High school screen must be provided by DDS/DMD or RDH)

Provider Name: (please print) \_\_\_\_\_ Phone: \_\_\_\_\_

Provider Business Address: \_\_\_\_\_

Signature and Credentials of Provider or Recorder\*: \_\_\_\_\_ Date: \_\_\_\_\_

\*Recorder: An authorized provider (DDS/DMD, RDH, MD/DO, PA, or RN/ARNP) may transfer information onto this form from another health document. The other health document should be attached to this form.

A screening does not replace an exam by a dentist.  
Children should have a complete examination by a dentist at least once a year.  
**RETURN COMPLETED FORM TO CHILD'S SCHOOL.**

*Iowa Department of Public Health • Oral Health Center*  
515-242-6383 • 866-528-4020 • [www.idph.state.ia.us/ohds/OralHealth.aspx](http://www.idph.state.ia.us/ohds/OralHealth.aspx)  
A designee of the local board of health or Iowa Department of Public Health may review this certificate for survey purposes.

**Iowa Department of Public Health  
CERTIFICATE OF VISION SCREENING  
RETURN COMPLETED FORM TO CHILD'S SCHOOL.**

**Student Information** (please print)

Student Last Name:	Student First Name:	Birth Date (M/D/YYYY):
Parent/Guardian Telephone Number:	Student Address:	
Zip Code:		

**Screening Information** (vision screening provider must complete this section *or parents may attach a copy of vision screening results given to them by a provider.*)

Date of Vision Screening: _____	
Results (visual acuity):	
Right Eye _____	Left Eye _____
<b>Overall Result (Please select one):</b>	<b>Referral to eye health professional (Please select one):</b>
Pass or Fail	Yes or No
<input type="radio"/> <input type="radio"/>	<input type="radio"/> <input type="radio"/>

**Screening Provider:** \_\_\_\_\_

Provider Business Name/Source of Screening: (please print) \_\_\_\_\_

Provider Name: (please print) \_\_\_\_\_ Phone: \_\_\_\_\_

Signature and Credentials of Provider: \_\_\_\_\_ Date: \_\_\_\_\_

A parent or guardian of a child who is to be enrolled in a public or accredited nonpublic elementary school shall ensure the child is screened for vision impairment at least once before enrollment in Kindergarten **and** again before enrollment in the 3<sup>rd</sup> grade.

To be valid, a minimum of one child vision screening shall be performed no earlier than one year prior to the date of enrollment in Kindergarten and no later than six months after the date of the child's enrollment in Kindergarten.

To be valid, a minimum of one child vision screening shall be performed no earlier than one year prior to the date of enrollment in 3<sup>rd</sup> grade and no later than six months after the date of the child's enrollment in 3<sup>rd</sup> grade.

**RETURN COMPLETED FORM TO CHILD'S SCHOOL.**