



VINTON-SHELLSBURG COMMUNITY SCHOOL DISTRICT

—WHERE CHARACTER COUNTS!

"The Mission of the Vinton-Shellsburg Community School District is to improve the quality of lives and assist individuals in becoming contributing members of society through the accumulation and application of knowledge."

Special points of interest:

Apr. 2 - NO CLASSES
Apr. 5 - NO CLASSES
Apr. 6 - CLASSES IN SESSION
Apr. 8 - FFA Labor Auction,
VSHS, 6:00 pm
Apr. 12 - School Board Meeting
@ Central Office, 5:00 pm,
Public Hearing, Regular meeting
to follow.
Apr. 23 - 2-Hr. Early Dismissal;
Prof. Development

FFA DISTRICT CONVENTION RESULTS

Elected to District Reporter: Josh Wiley

Secretary's Book - 2nd Gold - Advance to State
Maren Redlinger

Chapter Website - 2nd Gold - Advance to State
Allie Geiger

Chapter Program - 3rd Gold - Alternate to State
Carly Williams, Alesha Brunssen, Emma Arnold

Extemporaneous Speaking - 3rd Gold - Alternate to State
Ethan Rollinger

Job Interview - 3rd Gold - Alternate to State
Emma Wiley

Prepared Public Speaking - 3rd Gold - Alternate to State
Josh Wiley

Reporter's Scrapbook - 3rd Gold - Alternate to State
Josh Wiley, Annabelle Newton

Treasurer's Book - Silver
Bailey Weeks

Parliamentary Procedure - Silver
Performing: Grace Schminke, Chris Fleming, Autumn
McGowan, Baylee Wheeler, Annabelle Newton
Alternates: Lizzie Noe, Kate Timmerman

Experience the Action - Silver
Eli Powers, Bailey Weeks, Destiny Slager, Maren Redlinger,
Matthew Bookmeier, Jerry Lee

Greenhand Quiz
Matthew Bookmeier - Silver
Jerry Lee - Silver
*Silver team rank

Chapter Quiz
5th Gold - Annabelle Newton (5th Gold Team of 1 as well!!)
Gold - Emma Wiley
Bronze - Clayton McKenna

Farm Business Management Quiz
Bronze - Clayton McKenna

Academic Achievement:
Emma Arnold, Lydia Radeke, Maren Redlinger, Ethan
Rollinger, Josie Sagan, Aza Swayzer

Chapter honored for National Chapter (Top 25 in State)
Application gets rewritten and goes to Nationals.

**FFA State Convention is April 18-20, 2021.
Best of Luck at State!!**

Reported By Gabby Power

To the Vinton-Shellsburg Community:

I would like to take this month's newsletter to address a concern occurring all over the country and in our community. This issue is around screen time/social media usage.

According to a Common Sense Media poll, the number of teens with a smartphone rose from 41% in 2012 to 89% in 2018. A smartphone allows a young person more access and freedom to the world than ever before. Unfortunately, this access is not always to the most appropriate content. A smartphone also allows the user to create and share, sometimes without the proper forethought. Don't get me wrong, there are many positives which come with access to smartphones. Such as, improved communication, access to information, apps that make your life easier. My point is that young people, just like anything in life, need support and guidance in using and developing their skills. Because, unfortunately there is a downside to too much inappropriate use of social media and screen time. Nearly four in 10 teens and young adults (38%) reported symptoms of moderate to severe depression in 2020, up from 25% in 2018. Not all of this is directly contributed to screen time/social media, but there is a direct correlation. I found some great information and tips from Common Sense Media:

Kids are spending more time with screen media -- and at younger ages -- than ever before. In an effort to help families curb kids' use, groups such as the American Academy of Pediatrics (AAP) and the World Health Organization (WHO) have released numerical guidelines to limit screen time, but the reality is there's no magic number that's "just right." What's more important is the quality of kids' media, how it fits into your family's lifestyle, and how your kids engage with it.

- **Pay attention to how your kids act during and after watching TV, playing video games, or hanging out online.** There's no need to worry if they're using high-quality and age-appropriate media, if their behavior is positive, and if their screen time is balanced with plenty of healthy screen-free activities.
- **If you're concerned about heavy media use, consider creating a schedule that works for your family.** This can include weekly screen-time limits, restrictions on the kinds of screens kids can use, and guidelines on the types of activities they can do or programs they can watch. Make sure to get your kids' input so the plan teaches media literacy and self-regulation, and use this as an opportunity to discover what they like watching, introduce new shows and apps for them to try, or schedule a family movie night.
- They know it's getting in the way of important things, but they have a hard time regulating their own use. So, help them! **Encourage them to be mindful of how they feel before, during, and after a social media session.**
- **Be proactive in monitoring the content they are creating.** A positive of social media is kids are creating more content than ever; poems, short stories, and videos. They are also sharing their judgement to the world around them with their comments. Help them understand the representation of their comments and how they reflect on them personally, their family, and their community.
- Social media is something that this generation of parents are having to learn to navigate. Technology advances so quickly that many of these issues were not even thought about when this generation of parents were teenagers. When you never have experienced it yourself as a teen, it is difficult to understand and in turn parent. We are all in this together. As the African proverb goes "It takes a village to raise a child".

Respectfully,
Kyle Koeppen, Superintendent



VSHS is having a Spring Musical!

Mark your calendars for May 7 & 8, as Vinton-Shellsburg High School presents, "The Show Goes On: Songs & Scenes from Broadway". This show will be a collection of moments from many shows, both big and small, which played in the hallowed halls of the Manhattan theater district. You'll hear songs from shows such as Wicked, Newsies, The Lion King, and much more!

APRIL 2021



Mon	Tue	Wed	Thurs	Fri	Sat	
<p>Senior Citizen Activity Passes are available for Vinton-Shellsburg CSD residents who are age 55 or older; call or stop by the Superintendent's Office at 1502 C Ave., Vinton. Passes good for <u>most</u> all fine arts and sports events.</p>		<p>Calendar subject to changes after publication.</p>		<p>1 Day 6 2 HR. EARLY DISMISSAL K-12 Parent/Teacher Conf. K-8 2:00 pm—8:00 pm 9-12 4:00 pm—8:00 pm</p> <ul style="list-style-type: none"> ◇ G V SOC Scrimmage @ Benton, 4:30 pm ◇ B V/JV SOC vs. Benton, 5:30/7:00 pm ◇ G JV/V TR @ Union, 4:30 pm <p>APRIL FOOLS DAY</p>	<p>2 NO CLASSES GOOD FRIDAY</p>	<p>3</p>
<p>5 NO CLASSES SPRING BREAK</p>	<p>6 Day 1 CLASSES IN SESSION (Derecho Make-up Day)</p> <ul style="list-style-type: none"> ◇ G JV/V TR @ Jesup, 4:30 pm ◇ B JV/V TR @ Williamsburg Invite, 4:15 pm ◇ G V SOC @ W. Delaware, 5:00 pm ◇ B V SOC vs. W. Delaware, 5:30 pm 	<p>7 Day 2</p> <ul style="list-style-type: none"> ◇ Tilford Spring Picture Day 	<p>8 Day 3</p> <ul style="list-style-type: none"> ◇ B V G vs. Mount Vernon (VCC), 4:00 pm ◇ G V TR @ Marion, (Thomas Park), 4:30 pm ◇ B V TR @ Clear Creek-Amana Invite, 4:30 pm ◇ FFA Labor Auction, VSHS Gym, 6:00 pm 	<p>9 Day 4</p> <ul style="list-style-type: none"> ◇ G V/JV SOC @ Independence, 5:30/7:00 pm ◇ B V/JV SOC vs. Independence, 5:30/7:00 pm 	<p>10</p> <ul style="list-style-type: none"> ◇ G V G Tourney @ Tara Hills, 9:00 am ◇ B V G Tourney @ Waverly-Shell Rock (WMGC), 9:00 am 	
<p>12 Day 5</p> <ul style="list-style-type: none"> ◇ G JV/V G @ Dyersville Invite (DGCC), 4:00 pm ◇ B MS TR @ Solon, 4:00 pm ◇ G JV/V TR @ Iowa Valley Invite, 4:30 pm ◇ B V TR @ E. Marshall Invite, (LeGrand), 4:30 pm ◇ FFA Monthly Chapter Meeting, 7:00 pm ◇ School Board Meeting, Central Office, 5:00 pm Public Hearing, Regular meeting to follow. 	<p>13 Day 6</p> <ul style="list-style-type: none"> ◇ G MS TR @ W. Delaware Invite, 4:00 pm ◇ B JV/V TR @ Iowa Valley Invite, 4:30 pm ◇ B V/JV SOC @ Maquoketa, 5:00/6:30 pm ◇ G V/JV SOC vs. Maquoketa, 5:30/7:00 pm 	<p>14 Day 1</p> <ul style="list-style-type: none"> ◇ Shellsburg Spring Picture Day ◇ Booster Club Meeting, 6:00 pm 	<p>15 Day 2</p> <ul style="list-style-type: none"> ◇ B JV/V G @ Williamsburg Meet (Stone Creek GC), 4:00 pm ◇ G V G @ W. Delaware Meet (Pin Oak GC), 4:00 pm ◇ G MS TR @ Marion (Thomas Park), 4:15 pm ◇ G/B JV/V TR @ Benton Co-ed Invite, 4:30 pm ◇ ICAN Virtual Presentations for 10th & 11th Students/Parents, 5:30 pm 	<p>16 Day 3</p> <ul style="list-style-type: none"> ◇ G V/JV SOC @ Clear Creek Amana, 5:30/7:00 pm ◇ B V/JV SOC vs. Clear Creek-Amana, 5:30/7:00 pm 	<p>17</p> <ul style="list-style-type: none"> ◇ HS & MS TRAP vs. C.R. Kennedy @ Otter Creek SC, 9:00 am 	
<p>19 Day 4</p> <ul style="list-style-type: none"> ◇ B JV/V G vs. Benton Marion, VCC, 4:00 pm ◇ B JV/V TR @ Marion (Thomas Park), 4:45 pm ◇ B V/JV SOC vs. Mount Vernon, 5:30/7:00 pm 	<p>20 Day 5</p> <ul style="list-style-type: none"> ◇ G JV/V G vs. Benton & Marion @ Gardner GC, 4:00 pm ◇ B/G JV/V TR @ Solon Co-ed Invite, 4:15 pm ◇ B MS TR @ Williamsburg, 4:15 pm ◇ G V/JV SOC @ Mount Vernon, 4:30/6:00 pm 	<p>21 Day 6</p> <ul style="list-style-type: none"> ◇ WaMaC Art Fair @ Williamsburg HS, 10:00 am <p>ADMINISTRATIVE PROFESSIONALS DAY</p>	<p>22 Day 1</p> <ul style="list-style-type: none"> ◇ Middle School Spring Picture Day ◇ G JV/V G vs. Independence (VCC), 4:00 pm ◇ B JV/V G @ Independence, (River Ridge GC), 4:00 pm ◇ B MS TR @ Benton, 4:15 pm ◇ G V TR @ W. Delaware Invite, 4:45 pm ◇ B V TR Viking Invite, 4:30 pm 	<p>23 Day 2 2 HR. EARLY DISMISSAL Prof. Dev.</p> <ul style="list-style-type: none"> ◇ B V/JV SOC @ Marion, 4:15/5:45 pm ◇ G MS TR @ Benton, 4:15 pm ◇ G V/JV SOC vs. Marion, 5:30/7:00 pm 	<p>24</p> <ul style="list-style-type: none"> ◇ B V G @ W. Delaware Tourney (Pin Oak GC), 9:00 am ◇ HS & MS TRAP vs. C.R. Jefferson @ Isaac Walton, 9:00 am 	
<p>FFA STATE CONVENTION 4/18—4/20</p>		<p>DRAKE RELAYS 4/21—4/24</p>				
<p>NATIONAL VOLUNTEER WEEK 4/19—4/23</p>						
<p>26 Day 3</p> <ul style="list-style-type: none"> ◇ G V G @ W. Delaware Invite (Pin Oak GC), 4:00 pm ◇ B V G vs. Center Point-Urbana & S. Tama @ VS (Wildcat GC), 4:00 pm ◇ B V/JV SOC vs. Williamsburg, 5:30/7:00 pm 	<p>27 Day 4</p> <ul style="list-style-type: none"> ◇ FFA World Food Prize @ Des Moines ◇ B MS TR @ Independence, 4:15 pm ◇ G/B JV/V TR Co-ed @ Viking Invite, 4:30 pm ◇ G V/JV SOC @ Williamsburg, 5:00/6:30 pm 	<p>28 Day 5</p> <ul style="list-style-type: none"> ◇ B V G @ Maquoketa Invite (MCC), 12:00 pm 	<p>29 Day 6</p> <ul style="list-style-type: none"> ◇ B V G vs. Maquoketa & Clear Creek-Amana @ VCC, 4:00 pm ◇ G MS TR @ Independence, 4:15 pm ◇ G/B JV/V TR @ W. Marshall Co-ed Invite, 4:30 pm 	<p>30 Day 1</p> <ul style="list-style-type: none"> ◇ V TRAP Regionals @ AGWSR, 9:00 am ◇ G JV/V G @ Independence Invite, (Three Elms GC), 1:00 pm ◇ G V TR @ Union, 4:30 pm ◇ B V/JV SOC @ S. Tama, 4:30/6:00 pm ◇ G V/JV SOC vs. S. Tama, 5:30/7:00 pm 	<p>MAY 1</p> <ul style="list-style-type: none"> ◇ V TRAP Regionals @ AGWSR, 9:00 am ◇ Prom Grand March @ VSHS Aud. (open to public), 7:00 pm ◇ Prom, Vinton Skate & Activity Center, 8:00 – 11:30 pm ◇ Post Prom @ VSHS, 11:30 pm—5:00 am 	

National Volunteer Week April 19-23

We would like to say Thank You to the community volunteers that contribute greatly to the Vinton-Shellsburg school district. If you are not currently a volunteer for our district, maybe you want to consider becoming one. Contact Molly Noren @ 319-436-5867.

On March 19th, Tilford Elementary celebrated World Down Syndrome Day by wearing crazy socks because it reminds us to celebrate what makes us different. Even if your socks look different they can be happily worn together.



V-S CSD EQUITY STATEMENT
 The Vinton-Shellsburg Community School District provides equal educational and employment opportunities and will not illegally discriminate on the basis of race, color, national origin, gender, disability, religion, creed, age, marital status, sexual orientation, or gender identity. Vinton-Shellsburg Community School District shall take affirmative action in recruitment, appointment, assignment and advancement of women and men, minorities and disabled. Inquiries regarding compliance with equal educational or employment opportunities and/or affirmative action shall be directed to Becky Lutgen, Equity Coordinator, Vinton-Shellsburg CSD, 1502 C Avenue, Vinton, Iowa 52349 or becky.lutgen@vscsd.org. Inquiries may also be directed in writing to the Director of the Region VII Office of the United States Equal Employment Opportunities Commission, or the Director of the Region VII Office of Civil Rights, United States Department of Education in Chicago, IL.

