

VINTON-SHELLSBURG COMMUNITY SCHOOL DISTRICT

"The Mission of the Vinton-Shellsburg Community School District is to improve the quality of lives and assist individuals in becoming contributing members of society through the accumulation and application of knowledge."



Special points of interest

- Jan. 6 - CLASSES RESUME
- Jan. 13 - School Board Meeting @ Tilford Elem., 7:00 pm
- Jan. 17 - NO CLASSES, Prof. Development
- Jan. 17 - Band Soup Supper, VSHS Commons, 5:00-7:00 pm
- Jan. 18—ZAPS ACT Prep Seminar (Gr. 10-12), 8:00 am-3:00 pm
- Jan. 20 - NO CLASSES (Snow Make-up Day)
- Jan. 24 - COMPLIMENT DAY—Say something positive to someone today!
- Jan. 31- 2-Hr. Early Dismissal, Prof. Development

To the Vinton-Shellsburg School Community,

It is almost time when we will have an extended holiday break and replace 2019 with 2020.

I was recently at a school activity and a patron – someone without kids or grandchildren in the school system – said, “You know, we have great kids.” And she was right. Our students represent themselves and the school district very well – whether it is on the court, in the classroom, at a contest, or in the community.

Of course, our kids aren’t perfect. And this is a time in their lives when they sometimes make mistakes. It is up to us as the adults to help them learn from their mistakes and move forward.

Recently, we have had several instances of kids using E-cigarettes on school grounds. For those of you unfamiliar with E-cigarettes, they are a new way to inject nicotine. And just like regular cigarettes, they are highly addictive and have many of the same side effects as other tobacco projects.

The Iowa Department of Education, in coordination with Governor Reynold’s office and the Iowa Department of Public Health, is working to educate parents and others about the harmful impact they have on young bodies. Please consider accessing: <https://idph.iowa.gov/tupac/vaping-information/for-schools> where many materials and resources are located. (see more information inside)

On another topic, the school district has two new directors. Colin Carolus is our new building and grounds director. He comes with experience in refrigeration and heating and cooling systems. He and his family live in Vinton where he is active with Boy Scouts and other community activities.

Eric Kakac is our new transportation director. He started over the holidays with his top priority to learn more about the bus routes and the families we serve. He is an alum of the school district and lives near Garrison.

The school board is currently in the process of hiring a new superintendent. I have announced my retirement at the end of June. Applicants can submit materials as part of the application process through the middle of January. At that time, the board will narrow the field and will conduct semi-finalist interviews. Then, they will invite 2-3 finalists to meet with several interview groups that will include students, parents, community members and staff. They anticipate offering the position by mid-February. My impression is the board is focused on finding someone who will be visible, engaged and involved in the school-community.

It is getting to be the time to think about the 2020-21 school calendar so keep an eye out for the survey and make sure you complete it.

If you have any questions about anything that has to do with the school, please give me a call or send me an e-mail. I would welcome the opportunity to sit down and visit with you.

Mary Jo Hainstock, Superintendent
maryjo.hainstock@vscsd.org



**Tiny Vike’s
4 Year Old Preschool
Tuition Free
Enroll Your Child For
Fall of 2019-2020!**

Go to VSCSD.org and click on
Tilford or Shellsburg page
OR
Call: 319-436-4728
Ext. 5800 or 5802 (Tilford)
Ext. 5900 (Shellsburg)

Our preschool program will offer:

- *Morning or afternoon preschool free of a tuition charge (only a milk/juice fee)
- *Highly qualified preschool teachers with a college degree specializing in early childhood education
- *Teacher associates with a paraprofessional endorsement or two year degree
- *Classrooms that align with the Iowa Quality Preschool Program Standards
- *The state approved Creative Curriculum and assessments

**Children must be 4 on or before
September 15, 2019 to attend preschool**

2020 DRIVERS’ EDUCATION

We will continue working with ABC Driver Education LLC to provide instruction and experience for students who need driver education. Spring and summer registration will open after January 1st. More information is available on the school’s website under Driver’s Ed.

The Vinton Shellsburg Sole Sisters had our run/walk celebration on Sunday, November 27th, 2019! We had a great turn out and wonderful weather to close the ending of our 2019 fall Sole Sister sessions! Each girl that participated received a medal that was donated by Ashley Hesson and Vinton Trophy and Awards!

This season we had 35, 5th grade girls participating in our program. Our goal is to empower these young women to become confident, positive role models at home, school and within the community! We focus our activities on getting ready for Middle School. We have many volunteers from our district that help make Sole Sisters a success each week! A big shout out goes to Heather Kalous, Kim Newton, Kari Russler, Molly Noren, Sheri Miller, and Lindsey Otto for being a coach to our girls! We also have many VS staff members from all of our building that help out by being a running buddy and helping our run/walk be successful! We are so proud of all our amazing Sole Sister runners, buddies and all the individuals that helped make our 2019 Sole Sisters Fall Celebration Run a success! We couldn't have done it without you!



The Vinton Kiwanis Club donated dictionaries to all of our third-grade students. Pictured is Lexa Speidel presenting two third grade students with new dictionaries.



Kindergarten students are doing animal aerobics at Benton County Nature Center. They enjoyed their field trip learning about winter habits for animals. Benton County Naturalists facilitated the activities.

VFW Auxiliary National President Peggy Haake visited with last year's Memorial Day Essay winners Lauren Redlinger, Addison Heiter, Rylee Boggess, and Grayson Marzen. President Haake is from Hawaii and is traveling around the country visiting Auxiliary posts.



Tips for a Healthy Winter

It's that time of year again, flu season! Please take the time to read the following information and tips and to share with your children to help keep them healthy this winter.

Influenza (flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. Flu illness can vary from mild to severe, and symptoms can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, and fatigue. Less commonly, nausea, vomiting, and diarrhea can occur.

People with the flu may be able to spread it to others from 1 day before getting sick up to several days after. Keep your child home from school for at least 24 hours after the fever is gone (the fever should be subsided without the use of fever-reducing medications and a fever is defined by 100 degrees F or higher). If your child goes to the doctor, please notify the school with a diagnosis of influenza A or B and bring in a doctor's note.

Prevention is key! Flu vaccines are safe and can reduce the chance of your child getting sick or from being hospitalized from the flu. A flu vaccine cannot cause the flu illness. In addition to the vaccine, your child should avoid those who are sick as much as possible and if your child is sick, remember to keep them away from others. Diligent handwashing is key! Also, remember to educate your child on the importance of covering coughs and sneezes, and to avoid touching their eyes, nose, and mouth.

LEGO League — All the kids did great, so proud of their hard work.

Both VS 5th grade teams are going to State - Brainy Bunch and The Purple Sea Monkeys Eating Scotcharoos! So much talent and brain power with these kiddos. Can't wait to see them shine in Ames! Thanks Mrs. Mann!

We had two great 6th grade teams. The Mission Masters and the Galopeños (short for Galloping Jalopeños). The Missions Masters received the 2nd place award for Core Values. The Galopeños won first place for the Innovative Project award.



TILFORD ELEMENTARY

Classroom discussion is one of the most impacting teaching strategies in our efforts to raise student achievement. Elementary teachers are utilizing their professional development time to learn and incorporate “Number Talks” strategies during math instruction. The introduction of number talks is a pivotal vehicle for developing efficient, flexible, and accurate computation strategies that build upon the critical foundational ideas of mathematics such as composition and decomposition of numbers, our system of tens, and the application of properties. Classroom conversations and discussions around purposefully crafted computation problems are at the very core of number talks. These instructional strategies are: Which One Doesn’t Belong, Quick Images, Counting Routines, Mental Math, True/ False Equations, and Number Strings.

The four content goals for Number Talks are:

1. Developing number sense
2. Developing fluency
3. Subitizing/Unitizing (Identifying the number of objects in a group without counting)
4. Place Value

Number Talks enables us to:

- Build a classroom community around sharing ideas.
- Promote the use of multiple strategies.
- Encourage students to value the fact that everyone’s brain works differently.
- Help children understand that they can get new, interesting ideas from their peers.
- Provide practice for composing and decomposing numbers.

Emily Logan, Grant Wood AEA Math Consultant, has led the Number Talks initiative. She has modeled strategies for teaching staff. Emily has also observed teachers implementing Number Talks strategies and has provided coaching feedback.



(1st Graders are playing Rolling 50. They are practicing "counting on" a foundational skill for adding.)

E-cigarettes and Youth: What Parents Need to Know

What are E-cigarettes? Electronic cigarettes are battery-powered devices that deliver nicotine, flavorings, and other ingredients to the user. Using E-cigarettes is sometimes called “vaping”. E-cigarettes do not create harmless “water-vapor”—they create an aerosol that can contain harmful chemicals.

What are the risks for youth?

- ◇ Most E-cigarettes contain nicotine, which is highly addictive. Nicotine exposure during adolescence can:
 - ⇒ Harm brain development, which continues until about age 25.
 - ⇒ Impact learning, memory, and attention.
 - ⇒ Increase risk for future addiction to other drugs.
- ◇ Young people who use E-cigarettes may be more likely to go on to use regular cigarettes.
- ◇ Many E-cigarettes come in kid-friendly flavors—including mango, fruit, and crème—which make E-cigarettes more appealing to young people.
- ◇ E-cigarette aerosol is not harmless. It can contain harmful substances, including:
 - ⇒ Nicotine
 - ⇒ Cancer-causing chemicals
 - ⇒ Volatile organic compounds
 - ⇒ Ultrafine particles
 - ⇒ Flavorings that have been linked to lung disease
 - ⇒ Heavy metals such as nickel, tin, and lead



What do E-cigarettes look like?

- E-cigarettes come in many shapes and sizes. Some look like regular cigarettes, cigars, or pipes. Larger E-cigarettes such as tank systems -- or “mods” -- do not look like other tobacco products.
- Some E-cigarettes look like other items commonly used by youth, such as pens and other everyday items. New E-cigarettes shaped like USB flash drivers are popular among youth, including JUUL and the PAX Era, which looks like JUUL and delivers marijuana.

What can you do as a parent or caregiver?

As a parent or caregiver, you have an important role in protecting children from E-cigarettes. Talk to your child or teen about why E-cigarettes are harmful for them. It’s never too late. Set a good example by being tobacco-free. Learn about the different shapes and types of E-cigarettes and the risks of E-cigarette use for young people at www.CDC.gov/e-cigarettes.

JANUARY 2020

Mon	Tue	Wed	Thur	Fri	Sat
<p>We are always looking for bus drivers, so please consider if you would like to be a substitute bus driver for the district. If you feel this is something you would like to do contact Erik Kakac at 319-472-3118.</p>	<p>Senior Citizen Activity Passes are available for Vinton-Shellsburg CSD residents who are age 55 or older; stop by the Superintendent's Office at 1502 C Ave., Vinton.</p>	<p>1 NEW YEARS DAY NO CLASSES HOLIDAY BREAK</p> 	<p>2 NO CLASSES HOLIDAY BREAK</p>	<p>3 NO CLASSES HOLIDAY BREAK</p> <ul style="list-style-type: none"> ◇ V BOWL vs. W. Delaware @ Lightning Lanes, 4:00 pm ◇ FS/V G BB vs. S. Tama, 6:00/7:30 pm ◇ 9/10/V B BB @ S. Tama, 4:30/6:00/7:30 pm 	<p>4</p> <ul style="list-style-type: none"> ◇ FFA Remove Holiday Roping, 9:00 am ◇ JV/V WR @ Solon Duals, 9:00 am ◇ V BOWL vs. Louise-Muscatine @ Rose Bowl (Muscatine), 2:00 pm
<p>6 Day 3 CLASSES RESUME</p> <ul style="list-style-type: none"> ◇ JV WR @ Center Point-Urbana Tourney, 5:00 pm ◇ JV B BB vs. Benton, 7:00 pm 	<p>7 Day 4</p> <ul style="list-style-type: none"> ◇ 9/10/V B BB vs. Williamsburg, 4:30/6:00/7:30 pm ◇ JV/V G BB @ Williamsburg, 6:00/7:30 pm ◇ B V SW vs. Decorah @ (IBSSS), 4:30 pm 	<p>8 Day 5</p> <ul style="list-style-type: none"> ◇ Band Boosters Mtg., VSHS, 6:30 pm 	<p>9 Day 6</p> <ul style="list-style-type: none"> ◇ JV/V WR vs. Williamsburg & Independence @ Independence, 6:00 pm <p style="text-align: center;">LAW ENFORCEMENT APPRECIATION DAY</p>	<p>10 Day 1</p> <ul style="list-style-type: none"> ◇ Chamber Choir @ Onalaska ◇ State Debate @ DMACC ◇ 9/10/V B BB @ Independence, 4:30/6:00/7:30 pm ◇ FS/V G BB vs. Independence, 6:00/7:30 pm <p>SAVE THE EAGLES DAY </p>	<p>11</p> <ul style="list-style-type: none"> ◇ Chamber Choir @ Onalaska ◇ State Debate @ DMACC ◇ JV/V WR @ Benton Invite, 8:00 am ◇ B V SW @ Waterloo Invite (Central Pool), 12:00 pm
<p>12 Sunday</p> <ul style="list-style-type: none"> ◇ Dorian Vocal Festival (Luther College) 	<p>14 Day 3</p> <ul style="list-style-type: none"> ◇ JV/V BOWL vs. W. Dubuque & CR Washington @ Lancer Lanes, 3:00 pm ◇ JV/V G BB @ Clear Creek-Amana, 6:00/7:30 pm ◇ 9/10/V B BB vs. Clear Creek-Amana, 4:30/6:00/7:30 pm ◇ B V SW vs. Oskaloosa & Grinnell (Grinnell Bear RAC), 7:00 pm 	<p>15 Day 4</p>	<p>16 Day 5</p> <ul style="list-style-type: none"> ◇ 7 B BB vs. Oelwein 4:15 pm ◇ 8 B BB @ Oelwein, 4:15 pm ◇ JV/V WR vs. Mt. Vernon & Maquoketa @ Maquoketa, 6:00 pm 	<p>17 NO CLASSES Prof. Dev.</p> <ul style="list-style-type: none"> ◇ JV/V G BB @ Center Point-Urbana, 6:00/7:30 pm ◇ 9/10/V B BB vs. Center point-Urbana, 4:30/6:00/7:30 pm ◇ Band Soup Supper, VSHS Commons, 5:00-7:00 pm 	<p>18 ZAPS ACT Prep Seminar (Gr. 10-12), 8:00 am - 3:00 pm</p> <ul style="list-style-type: none"> ◇ V WR @ Solon Tourney, 9:30 am
<p>13 Day 2</p> <ul style="list-style-type: none"> ◇ Dorian Vocal Festival (Luther College) ◇ FFA Meeting @ VSHS, 6:30 pm ◇ School Board Meeting @ Tilford, 7:00 pm ◇ JV B BB @ Center Point-Urbana, 7:00 pm 	<p>20 NO CLASSES (Snow Make-up #1)</p> <ul style="list-style-type: none"> ◇ WaMaC Large Group Speech @ Independence, 4:30 pm ◇ B V SW vs. Williamsburg (IBSSS), 4:30 pm <p style="text-align: center;">MARTIN LUTHER KING, JR. DAY</p>	<p>21 Day 6</p> <ul style="list-style-type: none"> ◇ JV/V BOWL vs. Independence, (Berry's Lanes), 4:00 pm ◇ 7 B BB @ Independence (West Elem.), 4:15 pm ◇ 8 B BB vs. Independence, 4:15 pm ◇ FS/V G BB @ S. Tama, 6:00/7:30 pm ◇ 9/10/V B BB vs. S. Tama, 4:30/6:00/7:30 pm (VPRD Youth Night) 	<p>22 Day 1</p>	<p>23 Day 2</p> <ul style="list-style-type: none"> ◇ JV/V BOWL vs. Marion (Cedar Rapids BC), 3:15 pm ◇ 7 B BB @ Marion (Vernon MS), 4:15 pm ◇ 8 B BB vs. Marion (Vernon MS), 4:15 pm ◇ JV/V WR vs. Benton & CPU @ Center Point-Urbana, 6:00 pm 	<p>24 Day 3</p> <ul style="list-style-type: none"> ◇ ECICDA 6th Grade Honor Choir @ Coe College ◇ 9/10/V B BB @ Central DeWitt 4:30/6:00/7:30 pm ◇ JV/V G BB vs. Central DeWitt, 4:30/6:00/7:30 pm <p style="text-align: center;">COMPLIMENT DAY</p>
<p>NO NAME CALLING WEEK 1/20—1/24 Talk to your child. Take a stand against bullying!</p>					
<p>27 Day 4</p> <ul style="list-style-type: none"> ◇ IHSMA State Jazz Band Festival @ S. Tama ◇ 7 B BB vs. Mt. Vernon MS, 4:15 pm ◇ 8 B BB @ Mt. Vernon MS, 4:15 pm ◇ JV WR WaMaC Tourney @ VSHS, 5:00 pm ◇ JV B BB @ Benton, 7:00 pm 	<p>28 Day 5</p> <ul style="list-style-type: none"> ◇ B V SW Invite @ CR Washington, 5:00 pm ◇ FS/V G BB @ Independence, 6:00/7:30 pm ◇ 9/10/V B BB vs. Independence, 4:30/6:00/7:30 pm 	<p>29 Day 6</p>	<p>30 Day 1</p> <ul style="list-style-type: none"> ◇ 7 B BB @ W. Delaware MS, 4:15 pm ◇ 8 B BB vs. W. Delaware, 4:15 pm ◇ JV/V WR vs. IC Regina & Iowa Valley @ VSHS, 6:00 pm (Senior Night) 	<p>31 Day 2 2-HR EARLY DISMISSAL Prof. Dev.</p> <ul style="list-style-type: none"> ◇ ECICDA 7th & 8th Grade Honor Choir @ Solon ◇ JV/V BOWL vs. Maquoketa (Berry's Lanes), 4:00 pm ◇ 9/10/V B BB @ Clear Creek-Amana, 4:30/6:00/7:30 pm ◇ JV/V G BB vs. Clear Creek-Amana, 6:00/7:30 pm 	<p>Feb. 1</p> <ul style="list-style-type: none"> ◇ B SW NCSC Conference Meet @ Coe College, 12:00 pm ◇ V WR WaMaC @ West Delaware, 10:00 am

BAND SOUP SUPPER

The band boosters are hosting their annual soup supper on Friday, January 17th prior to the varsity boys basketball game against Center Point-Urbana. The profits from this event will go towards fees associated with marching band, bringing in specialists to work with the band, and providing instruments and music to the students in the ensemble. Meal tickets are \$6 a person and can be bought in advance from band students in grades 6-12 or at the door. The purchase includes all you can eat chicken noodle soup, chili, and various sides and desserts. Please consider supporting the band department on Friday, January 17, 2020!



V-S CSD EQUITY STATEMENT

The Vinton-Shellsburg Community School District provides equal educational and employment opportunities and will not illegally discriminate on the basis of race, color, national origin, gender, disability, religion, creed, age, marital status, sexual orientation, or gender identity. Vinton-Shellsburg Community School District shall take affirmative action in recruitment, appointment, assignment and advancement of women and men, minorities and disabled. Inquiries regarding compliance with equal educational or employment opportunities and/or affirmative action shall be directed to Kim Meyer, Equity Coordinator, Vinton-Shellsburg CSD, 1502 C Avenue, Vinton, Iowa 52349. Inquiries may also be directed in writing to the Director of the Region VII Office of the United States Equal Employment Opportunities Commission, or the Director of the Region VII Office of Civil Rights, United States Department of Education in Chicago, IL.