



OCTOBER 2019



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WE'RE ON THE WEB!! WWW.VSCSD.ORG

VINTON-SHELLSBURG COMMUNITY SCHOOL DISTRICT

—WHERE CHARACTER COUNTS!

"The Mission of the Vinton-Shellsburg Community School District is to improve the quality of lives and assist individuals in becoming contributing members of society through the accumulation and application of knowledge."

Special points of interest:

- Oct. 2—Tilford Picture Day
- Oct. 4—2-Hr. Early Dismissal, Prof. Development
- Oct. 10— Middle School Picture Re-takes
- Oct. 14—School Board Meeting, Central Office, 7:00 pm
- Oct. 17—Shellsburg Picture Re-takes
- Oct. 18— NO CLASSES, Prof. Development
- Oct. 21—25 -School Bus Safety Week
- Oct. 21—National Honor Society Induction @ VSHS Aud., 6:00 pm
- Oct. 22—9-12 Fall Choral Preview, VSHS Aud., 7:00 pm
- Oct. 22—High School & Tilford Picture Re-takes
- Oct. 24—MS Band & Vocal Concert, Tilford Aud., 7:00 pm
- Oct. 28— Parent/Teacher Conf. Gr. K-12--2:00—8:00 pm
- Oct. 29—Nov. 2 - National FFA Conference
- Oct. 30— Parent/Teacher Conf. Gr. K-12--2:00—8:00 pm

To the Vinton-Shellsburg School Community,

September's weather reminded us more of August than fall. Let's hope that October brings cooler weather and that our farmers' can safely harvest their crops!

The legislature made changes in school board elections and starting this year, board members will be elected in November. We have four seats that are up for election. The following people filed papers: Kathy Van Steenhuyse for the At-Large position; two people will be elected for the Director District 1 (the former Vinton school district) position from candidates Audra Piotti, Tom Burke, Becky Williams; and Jake Fish filed for the Director District 2 (the former Shellsburg school district) position. We appreciate the dedication and service to the district over the last years for current board members Brenda Bartz, Jason Hicok and Kyle Schminke. Remember to vote on November 5!

The board adopted six goals at their September meeting that drive the work within our district. They include:

- All students will graduate.
- All students will have opportunities to personalize their learning.
- All students will have a safe and nurturing environment.
- The district will hire and retain quality teachers and other staff.
- The district will be actively connecting with its communities providing leadership, partnership and support.
- The district will be financially stable.

We are finalizing our enrollment for the year. You would think it would be a fairly easy process of counting how many kids we have in desks. It is not that simple. The process requires us calculating kids who are open enrolled into us, open enrolled out to another district, kids who are in foster care, etc. Plus, we are using a new system the state is utilizing which creates more requirements within reporting gender, ethnicity, etc. If I were to predict, I would say our enrollment will be down from last year.

The auditors were recently here to audit our 2018-19 financial records. They were very complimentary of the completeness of our records and the procedures we have in place to assure internal controls are followed. Our expenses and revenues were fairly equally balanced – which was our goal.

Several high school students are leading the work to continue Operation Backpack. They are working to finalize students served this year; in the past it has been about 100 elementary students. They arrange for food, delivery and volunteers to assist with the work so students have nutritious food at home over the weekends. Molly Noren, Tony Islas and many others provide assistance to make the program a success.

Please make plans now to attend parent-teacher conferences. Conferences will be on Monday, October 28 and Wednesday, October 30 with early outs for students both days. We will not have classes for students on Friday, November 1.

Every month, I include the line, "Please contact me with any questions, comments or concerns." I sincerely mean this. Although I may not always know the answer, I can generally connect the questioner with someone who can answer – and it may be a more accurate and effective method than social media's answers!

Respectfully,
Mary Jo Hainstock, Superintendent
maryjo.hainstock@vscsd.org

Vinton-Shellsburg CSD Parent -Teacher Conferences

Scheduled for October 28nd and 30th







Elementary conferences will be on October 28th and on October 30th from 2:00 pm – 8:00 pm. Elementary parents can sign up for a time on the building website.

Middle School conferences will be on October 28th and on October 30th. Appointments will be set by teachers from 2:00 pm - 4:00 pm. and then from 4:00 pm – 8:00 pm. will be a walk-in open house format.

High School conferences will be on October 28th and on October 30th from 4:00 pm – 8:00 pm. Parents are encouraged to meet with their student's teachers during this drop-in conference format.

Conferences are a great opportunity for communication between the teacher and parent. We look forward to seeing you at conferences!

Shellsburg Preschool is having their conferences October 28 and 29 from 8:00 am to 8:00 pm.

Mon	Tue	Wed	Thur	Fri	Sat
<p>Senior Citizen Activity Passes are available for Vinton-Shellsburg CSD residents who are age 55 or older; stop by the Superintendent's Office at 1502 C Ave., Vinton.</p>	<p>1 Day 3</p> <ul style="list-style-type: none"> ◇ 7 FB @ S. Tama, 4:15 pm ◇ 8 FB vs. S. Tama, 4:15 pm ◇ 9/10/JV/V VB @ Center Point-Urbana, 5:00/6:00/7:30 pm ◇ G V SW vs. Boone, Grinnell @ Grinnell (Bear RAC), 7:00 pm 	<p>2 Day 4</p> <ul style="list-style-type: none"> ◇ Tilford Picture Day ◇ FFA District Green-hand Fire-up @ Wapsie Valley High School, 8:00 am ◇ Band Boosters Meeting, HS Band Room, 6:30 pm 	<p>3 Day 5</p> <ul style="list-style-type: none"> ◇ B/G V CC @ W. Dubuque, 4:15 pm ◇ 7 VB vs. Independence, 4:15 pm ◇ 8 VB @ Independence (West Elem.), 4:15 	<p>4 Day 6</p> <p>2-HOUR EARLY DISMISSAL PROF. DEV.</p> <ul style="list-style-type: none"> ◇ F/S FB vs. West Marshall, 5:00 pm ◇ V FB vs. West Marshall, 7:30 pm (VPRD Cheer & Flag Football Night) 	<p>5</p> <ul style="list-style-type: none"> ◇ "Real Men Sing!" Vocal Festival @ Wartburg College ◇ V VB @ Columbus Catholic, 9:00 am ◇ Bands Across the Prairie Invitational @ Cedar Rapids Prairie, 11:05 performance ◇ IHSMA State Marching Band Festival @ Kingston Stadium. 5:00 performance <p>NATIONAL DO SOMETHING NICE DAY!</p>
<p>6 SUNDAY</p> <ul style="list-style-type: none"> ◇ Vocal Arts Festival @ UNI 	<p>8 Day 2</p> <ul style="list-style-type: none"> ◇ 8/9 Grade Singfest @ Central College ◇ B/G MS CC @ W. Delaware (Delaware County Fairgrounds), 4:00 pm ◇ B/G JV/V CC Invitational @ W. Delaware (Heart Ridge GC), 4:15 pm ◇ 7 VB @ Center Point-Urbana, 4:15 pm ◇ 8 VB vs. Center Point-Urbana, 4:15 pm ◇ 7 FB vs. Williamsburg, 4:15 pm ◇ 8 FB @ Williamsburg, 4:15 pm ◇ 9/10/JV/V VB vs. S. Tama, 5:00/6:00/7:30 pm 	<p>9 Day 3</p> <p>NATIONAL STOP BULLYING DAY</p> 	<p>10 Day 4</p> <ul style="list-style-type: none"> ◇ Middle School Picture Re-takes, 8:00-10:00 am ◇ 7 VB vs. Benton, 4:15 pm ◇ 8 VB @ Benton (Norway), 4:15 pm ◇ G V SW vs. Decorah @ Luther College, 5:00 pm ◇ 9/10/JV/V VB @ Clear Creek-Amana 5:00/6:00/7:30 pm 	<p>11 Day 5</p> <ul style="list-style-type: none"> ◇ F/S FB @ Union, 5:00 pm ◇ V FB @ Union, 7:30 pm 	<p>12</p> <ul style="list-style-type: none"> ◇ IHSMA State Marching Band Festival @ Kingston Stadium ◇ State FFA Soils @ Iowa State University, 8:00 am ◇ JV VB @ Wapsie Valley Tourney, 9:00 am
<p>7 Day 1</p> <ul style="list-style-type: none"> ◇ Vocal Arts Festival @ UNI ◇ FFA Chapter Meeting, 6:30 pm <p>10.7.19 WEAR BLUE WORLD DAY OF BULLYING PREVENTION™</p>	<p>15 Day 1</p> <ul style="list-style-type: none"> ◇ 10 VB WaMaC Tourney @ Benton, 4:00 pm ◇ 7 FB @ Benton, 4:15 pm ◇ 8 FB vs. Benton, 4:15 pm ◇ 7 VB vs. Oelwein, 4:15 pm ◇ 8 VB @ Oelwein, 4:15 pm 	<p>16 Day 2</p> <ul style="list-style-type: none"> ◇ NEIADA meeting @ Waverly CC, 9:00 am 	<p>17 Day 3</p> <ul style="list-style-type: none"> ◇ Shellsburg Picture Re-takes ◇ B/G V CC WaMaC Meet @ Manchester (Hart Ridge GC), 4:00 pm ◇ V VB WaMaC Tourney Bracket Play @ Marion, 4:00 pm 	<p>18</p> <p>NO CLASSES PROF. DEV.</p> <ul style="list-style-type: none"> ◇ F/S FB @ Roland-Story, 5:00 pm ◇ V FB @ Roland-Story, 7:30 pm 	<p>19</p> <ul style="list-style-type: none"> ◇ Waukee Marching Band Invitational @ Waukee High School ◇ G V SW Conference Meet @ Boone, 9:00 am 
NATIONAL SCHOOL LUNCH WEEK 10/14—10/18					
<p>21 Day 4</p> <ul style="list-style-type: none"> ◇ National Honor Society Induction @ VSHS Aud., 6:00 pm 	<p>22 Day 5</p> <ul style="list-style-type: none"> ◇ Tilford & High School Picture Re-takes ◇ 9-12 Fall Choral Preview, VSHS Aud., 7:00 pm 	<p>23 Day 6</p> <ul style="list-style-type: none"> ◇ VB Regionals 1st Round @ TBA, 7:00pm 	<p>24 Day 1</p> <ul style="list-style-type: none"> ◇ B/G V CC State Qualifying Meet, TBA, 4:00 pm ◇ G V SW vs. Williamsburg (IBSSS), 4:30 pm ◇ MS Band/Choir Concert, HS Aud., 7:00 pm 	<p>25 Day 2</p> <ul style="list-style-type: none"> ◇ F/S FB vs. Benton, 5:00 pm ◇ V FB vs. Benton, 7:30 pm <p>Senior Night</p>	<p>26</p> <ul style="list-style-type: none"> ◇ All-State Music Auditions @ Independence <p>MAKE A DIFFERENCE DAY</p>
SCHOOL BUS SAFETY WEEK 10/21—10/25					
<p>28 Day 3</p> <p>2-HOUR EARLY DISMISSAL P/T Conferences</p> <p>K-8: 2:00 pm - 8:00 pm 9-12: 4:00 pm - 8:00 pm</p>	<p>29 Day 4</p> <ul style="list-style-type: none"> ◇ V VB Regionals, TBA 	<p>30 Day 5</p> <p>2-HOUR EARLY DISMISSAL P/T Conferences</p> <p>K-8: 2:00 pm - 8:00 pm 9-12: 4:00 pm - 8:00 pm</p>	<p>31 Day 6</p> <p>Happy Halloween</p> 	<p>Nov. 1</p> <p>NO CLASSES</p> <ul style="list-style-type: none"> ◇ V FB State Round 1 	<p>2</p> <ul style="list-style-type: none"> ◇ V CC State Meet @ Fort Dodge, 11:00 am ◇ Girls Regional Swim Meet @ TBA ◇ Cheerleading State Competition, Des Moines
National FFA Conference @ Indianapolis 10/29 -11/2					

SUBSTITUTE SUPPORT STAFF NEEDED!!

The Vinton-Shellsburg CSD is looking for people to be substitute teacher associates, kitchen help, custodians, and bus drivers. Applications can be picked up at Central Office, 1502 C Ave., Vinton or can be found on-line at vscsd.org, District Office, Employment, Substitute Support Application. VSCSD is an EEO/AA Employer.

October 14th—18th, 2019



The National School Lunch Program is a federally assisted meal program which operates in schools and other agencies in providing nutritionally balanced lunches to children at reasonable prices. In addition to financial assistance, the program provides donated commodity foods to help reduce lunch program costs. The United States Department of Agriculture is responsible for overseeing the program nationally. In Iowa, the program is administered by the Iowa Department of Education, Bureau of Nutrition Programs and Health Services. For more information, connect to the USDA site. Thirty million children

participated in 2016.

For children, the National School Lunch Program provides a nutritious meal that contains 1/3 of the Recommended Dietary Allowance of necessary nutrients. For parents, the program offers a convenient method of providing a nutritionally balanced lunch at the lowest possible price. For schools, the program enhances children's learning abilities by contributing to their physical and mental well being. Studies have shown that children whose nutritional needs are met have fewer attendance and discipline problems and are more attentive in class.

What is a reimbursable meal? A complete meal, meeting nutrient content and portion size requirements, allows a school to receive benefits (money and USDA foods) and is referred to as a "reimbursable meal." The following are school meal components: Milk (fat-free or 1%, flavored milk or unflavored), Meat/meat alternate, Bread/grains, Fruit*, Vegetables* (*Students are required to take 1/2 cup of a fruit or vegetable to make a meal at breakfast and lunch.)

The most nutritious meals contain all of the components, however; students have the option to decline items they do that want to eat, which is referred to as "Offer vs. Serve." If students feel they don't get enough to eat, make sure they understand they can take all components and the choices that are available to them. School nutrition staff are trained to help students build a reimbursable, balanced meal!

Breakfast	Lunch
<p>Schools are required to offer 4 items and students must select 3 of the items to make a meal.</p> <p>Entree (2 items) 2 grain OR 1 grain and 1 meat/meat alternate Fruit/Vegetable* Milk</p> <p>*Vegetables are not a required component at breakfast, but can be served in place of the required fruit component</p>	<p>Schools are required to offer 5 components and students are required to take 3 of the 5 components to make a meal.</p> <p>Bread/Grain Meat/meat alternate Fruit Vegetable Milk</p>
<p><i>Examples a Reimbursable Breakfast</i></p> <p>Egg sandwich and 100% juice Cereal, graham crackers, milk, and fruit</p>	<p><i>Examples of a Reimbursable Lunch</i></p> <p>Chili, Cinnamon Roll, and orange wedges Hamburger on bun, side salad, and milk</p>

The district has a Farm-to-School committee whose goal is to increase the use of locally produced foods. October 11th is Local Food Day - we will be serving Breakfast Pizza, Roasted Sweet Potatoes, 100% Fruit Juice, Yogurt.

If you are interested in serving on the Farm to School committee, please contact Karen Ackman at karen.ackman@vscsd.org.

October is National Bullying Prevention Month. National Bullying Prevention Month is recognized in communities across the United States, with hundreds of schools and organizations signing on as partners. Our district is committed to providing all students with a safe school environment.

What is bullying? Bullying occurs when the behavior hurts or harms another person; physically or emotionally. The targets of bullying have difficulty stopping the behavior directed at them and struggle to defend themselves. Bullies typically have more physical, social, or emotional power, such as social status, physically larger or emotionally intimidating.

Parents and students need to know the difference between Conflict and Bullying.

Conflict is a struggle between two people with the same relative amount of power viewing the same situation from two different perspectives. It occurs naturally when we interact with others. Conflict typically arises at the moment. The emotion on both sides is equal because both are arguing for what they want. Both want the issue resolved, but want it settled to their liking.

Bullying is unwanted, purposeful, and aggressive behavior directed toward a target with less power intended to cause harm. During bullying there always an imbalance of power. Bullying behavior is deliberate and unprovoked. The target is intentionally harmed. Negative emotion is almost wholly experience by the target. Bullies experience pleasure and satisfaction from the behavior. Bullies don't experience regret and want to continue the act as long as possible.

Our district has in place policies, procedures, and practices that are designed to deal with and eliminate bullying. Vinton-Shellsburg district staff immediately intervene when they are present and witness bullying. Staff demonstrates to students that is safe to report bullying behaviors by responding effectively. Staff report what they hear and see to appropriate individuals. Staff follow-up to see if the situation has been addressed. Staff also ensure targets and witness will be protected from retaliation.

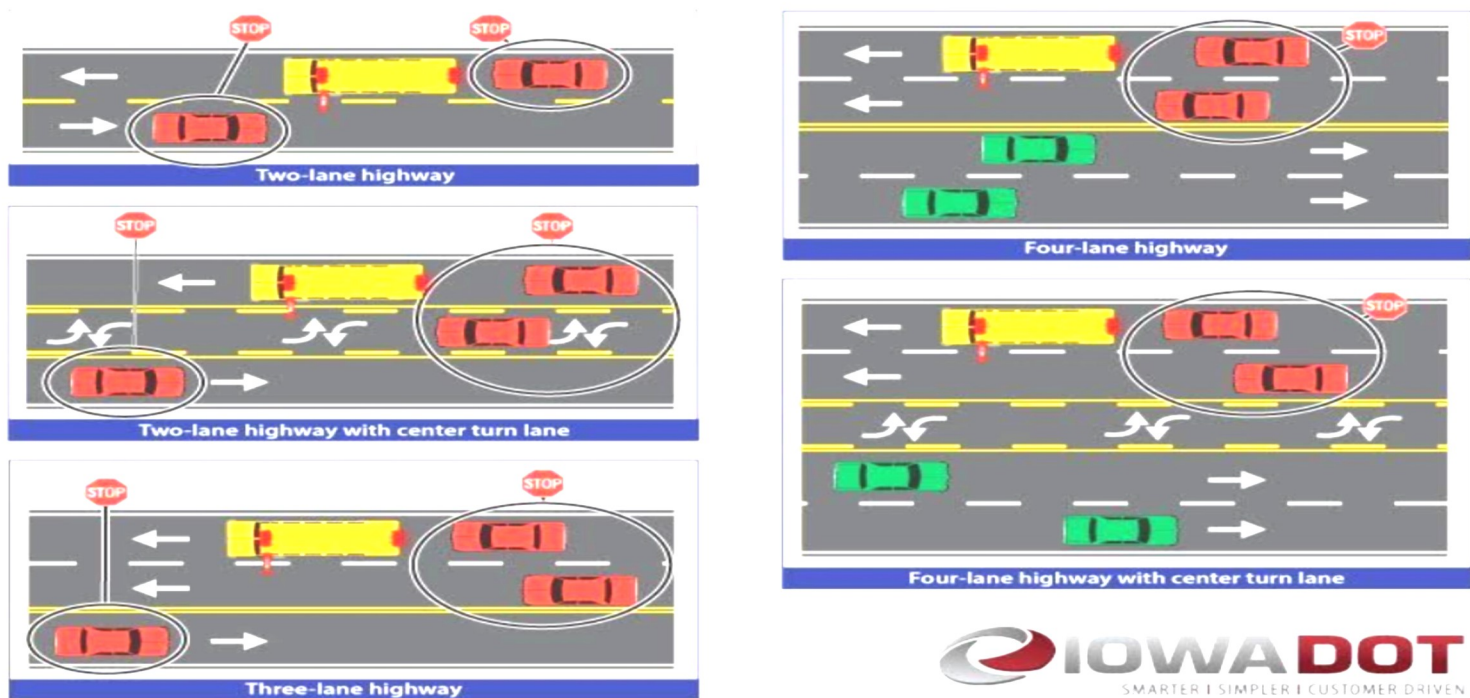
Orange is the color given to recognize bullying prevention month, so please be conscious of your clothing this month of October and think about wearing a touch of orange as your support of National Bullying Prevention Month.

District Equity Statement

The Vinton-Shellsburg Community School District provides equal educational and employment opportunities and will not illegally discriminate on the basis of race, color, national origin, gender, disability, religion, creed, age, marital status, sexual orientation, or gender identity. Vinton-Shellsburg Community School District shall take affirmative action in recruitment, appointment, assignment and advancement of women and men, minorities and disabled. Inquiries regarding compliance with equal educational or employment opportunities and/or affirmative action shall be directed to Becky Lutgen, Equity Coordinator, Vinton-Shellsburg CSD, 1502 C Avenue, Vinton, Iowa 52349. Inquiries may also be directed in writing to the Director of the Region VII Office of the United States Equal Employment Opportunities Commission, or the Director of the Region VII Office of Civil Rights, United States Department of Education in Chicago, IL.

Stopped School Bus Passing Laws in Iowa

www.iowadot.gov/schoolbus/requiredstopping.html



NATIONAL SCHOOL BUS SAFETY WEEK October 21—25, 2019

School Bus Drivers Take Pride in Every Ride

Students riding a school bus should always:

- Arrive at the bus stop five minutes early.
- Stand at least 5 giant steps (10 feet) away from the edge of the road.
- Wait until the bus stops, the door opens, and the driver says it's okay before stepping onto the bus.
- Be careful that clothing with drawstrings and book bags with straps or dangling objects do not get caught in the handrail or door when exiting the bus.
- Obey the bus driver and respect other riders.
- Check both ways for cars before stepping off the bus.

Crossing students should:

- Walk in front of the bus; never walk behind the bus.
- Walk on the sidewalk or along the side of the road to a point at least 10 giant steps ahead of the bus.
- Be sure the bus driver can see them, and they can see the bus driver.
- Wait for the driver's signal to cross.

Be Safe, Be Respectful, Be Responsible on the Bus ~ Things Kids Should know About School Bus Safety:

- The bus driver and others cannot see you if you are standing closer than 10 feet to the bus. Stay out of the danger zone!
- If something falls under or near the bus, tell the driver. NEVER try to pick it up yourself!
- While waiting for the bus, stay in a safe place away from the street.
- When you get on or off the bus, look for the bus safety lights and make sure they are flashing.
- Be alert to traffic. When you get on or off the bus, look left, right, left before you enter or cross the street.
- When the driver says it is safe to cross the street, remember to CROSS IN FRONT of the bus.
- Stay in your seat and sit quietly so that the driver is not distracted
- Keep your hands inside the bus window and keep them to yourself.
- Clean up after yourself, don't leave papers or wrappers laying around.

BE RESPECTFUL OF OTHERS RIDING THE BUS AND ALSO THE BUS DRIVER.

LET YOUR BUS DRIVER KNOW HOW MUCH YOU APPRECIATE THEM!

