



February 2023 If you have questions, comments, or concerns , please contact Karen Ackman at [karen.ackman@vcsd.org](mailto:karen.ackman@vcsd.org) or 319-436-5771

Monday	Tuesday	Wednesday	Thursday	Friday
<b>30 Combo Bar/Toast</b> Breaded Chicken Patty-Bun Seasoned Green Beans Applesauce	<b>31 French Toast/Syrup</b> Teriyaki Dippers Brown Rice Broccoli/Cheese sauce Mandarin Oranges Bread and Butter	<b>1 Sweet Roll</b> Chili – Crackers-PBJ Carrots/Celery/Ranch Diced Pears <b>February</b>	<b>2 Breakfast Pizza</b> Creamed Chicken Biscuit Seasoned Carrots Fresh Fruit	<b>3 Sausage Gravy-Biscuit</b> <b>EARLY OUT</b> Pizza-Pepperoni Mixed Vegetables Mixed Fruit
<b>6 Cereal Bar/Pop Tart</b> Grilled Chicken Patty-Bun Seasoned Pasta Savory Carrots Applesauce	<b>7 Cook's Choice</b>  <b>Cook's Choice</b> <u>Check with your building.</u>	<b>8 Sweet Roll</b>  Hot Dog-Bun Seasoned Potatoes Diced Pears	<b>9 Breakfast Pizza</b>  Chicken Strips Seasoned Corn Fresh Fruit Bread and Butter	<b>10 Muffin</b>  <b>EARLY OUT</b> Pizza Mixed Vegetables Mixed Fruit
<b>13 Pancake/Syrup</b> Breaded Chicken Patty-Bun Dill Spear Seasoned Green Beans Applesauce	<b>14 Cook's Choice</b>  <b>Cook's Choice</b> <u>Check with your building.</u>	<b>15 Sweet Roll</b> Cheeseburger-Bun Dill Spear Seasoned Potato Wedges Peaches	<b>16 Breakfast Pizza</b> Chicken Fajita Wrap with Lettuce/Cheese Seasoned Corn Mixed Fruit Muffin	17  <b>No School</b>
<b>20 Combo Bar/Toast</b> Chicken Nuggets Mashed Potatoes & Gravy Applesauce President Snack Cookie	<b>21 Cook's Choice</b>  <b>Cook's Choice</b> <u>Check with your building.</u>	<b>22 Sweet Roll</b> Macaroni and Cheese Smokies Seasoned Peas Peaches	<b>23 Breakfast Pizza</b> Super Nacho's Seasoned Corn Fresh Fruit Peanut Butter Bar	<b>24 Cereal Bar/Pop Tart</b> <b>EARLY OUT</b> Lasagna Roll-up Garlic Bread Stick Mixed Vegetables Mixed Fruit
<b>27 Pancake/Stick/Syrup</b> Pork Sandwich-Bun Dill Spear Baked Beans Applesauce	<b>28 Breakfast Sandwich</b> Chicken Alfredo Mozzarella Bread Stick Seasoned Green Beans Strawberries	<b>1 Sweet Roll</b> Burrito / Sauce Spanish rice Seasoned Corn Peaches <b>March</b>	<b>2 Breakfast Pizza</b> Corn Dogs Carrots Banana Scooby Snacks	<b>3 Pancake/Syrup</b> <b>EARLY OUT</b> Cheese Pizza Mixed Vegetables Mixed Fruit



Many options are offered with Breakfast. Milk choices are offered with all meals. Each building offers a fruit/vegetable bar daily at Lunch. VINTON-SHELLSBURG FARM to SCHOOL

Vinton-Shellsburg CSD is an Equal Opportunity Provider